

NO MSG

China Ben



403-343-2760 or 403-343-2773

FAST TAKE-OUT & DELIVERY

APPETIZERS

- 1. Spring Roll 1.95
- 2. Egg Roll 1.95
- 3. Crispy Wonton 6.95
- 4. Szechuan Style Wonton Soup (Hot) 🌶️ 7.25
- 5. Dry Garlic Spareribs 10.50
- 6. Deep Fried Chicken Wings 10.50
- 7. Pork Dumplings (10) 9.50
- 8. B.B.Q. Pork 10.50
- 9. Deep Fried Prawns 13.50
- 10. Salt and Pepper Ribs (Hot) 🌶️ 11.50
- 11. Salt and Pepper Wings (Hot) 🌶️ 11.50
- 12. Shrimp Salad Rolls (3) *New* 5.95

SOUP

- 13. Chef's Special Soup 10.25
- 14. Wor Wonton (Med) 6.00 (Large) .. 10.25
- 15. Wor Mein 10.25
- 16. Chicken Sweet Corn Soup (Large) 9.50
- 17. Hot and Sour Soup 🌶️ (Med) 6.00 (Large) .. 10.25
- 18. Chicken Noodle Soup (Med) 5.50 (Large) .. 9.50

SIZZLING PLATE & HOT POT

- 19. Sizzling Black Pepper
Beef Tenderloin (Hot) 🌶️ 15.95
- 20. Sizzling Beef Tenderloin 15.95
- 21. Sizzling Black Pepper Chicken (Hot) 🌶️ 13.50
- 22. Sizzling Curry Chicken (Hot) 🌶️ 13.50
- 23. Sizzling Black Bean & Chicken 13.50
- 24. Sizzling Seafood 16.50
- 25. Sizzling Prawns & Scallops 16.50
- 26. Sizzling Tiger Prawns 16.50
- 27. Seafood & Tofu Hot Pot 16.50
- 28. Sliced Chicken Hot Pot 13.50
- 29. Beef Ginger Hot Pot 13.50

SEAFOOD

- 30. Salt & Pepper Seafood (Hot) 🌶️ 14.50
- 31. Salt & Pepper Prawns (Hot) 🌶️ 14.50
- 32. Salt & Pepper Squid (Hot) 🌶️ 14.50
- 33. Prawns with Tomato 13.50
- 34. Ginger Squid (Hot) 🌶️ 13.50
- 35. Creamy Prawns 13.50
- 36. Prawns with Black Bean Sauce 13.50
- 37. Prawns with Oyster Sauce 13.50
- 38. Curry Prawns (Hot) 🌶️ 13.50
- 39. Prawns with Cashew nuts 13.50
- 40. Palace Style Prawns (Hot) 🌶️ 13.50
- 41. Deep Fried Prawns 13.50
- 42. Prawns with Pea Pods (Seasonal) 13.50
- 43. Scallops with Mixed Greens 14.50
- 44. Scallop with Black Bean Sauce 14.50
- 45. Crabmeat with two kinds of mushrooms 13.50

- 46. Squid with green Pepper
in Black Bean Sauce 13.50
- 47. Squid with Green Pepper in black bean sauce. 13.50
- 48. Szechuan Style Prawns (Hot) 🌶️ 13.50
- 49. Szechuan Style Scallops (Hot) 🌶️ 14.50

PHOENIX NEST

- 50. China Ben's Phoenix Nest 16.50
- 51. Sliced Chicken & Prawns Basket 15.50
- 52. Prawns & Scallops Basket 16.50
- 53. Sam Goo Chicken Phoenix Nest 14.50
- 54. Shredded Beef Basket 14.50
- 55. Tiger Prawns Phoenix Nest 15.50
- 56. Scallops Phoenix Nest 16.50

CHICKEN

- 57. Almond Gai Ding (Stir Fried) 11.25
- 58. Ginger Chicken 11.95
- 59. Sweet & Sour Chicken Balls 11.25
- 60. Pineapple Chicken Balls 11.25
- 61. Lemon Chicken 11.25
- 62. Almond Soo Gai (Deep Fried) 11.25
- 63. Orange Chicken 11.25
- 64. Palace Style Chicken (Hot) 🌶️ 11.25
- 65. Cashew Nuts Chicken Diced 11.25
- 66. Szechuan Style Chicken (Hot) 🌶️ 11.25
- 67. Moo Goo Gai Pan 11.25
- 68. Sliced Chicken with Black Bean Sauce 11.25
- 69. Curry Chicken (Hot) 🌶️ 11.25
- 70. Honey Garlic Chicken Wings 11.50
- 71. Sliced Chicken with Pea Pods (Seasonal) 12.50

BEEF

- 72. China Ben's Special Beef 15.50
- 73. Fried Ginger Shredded Beef 11.95
- 74. Beef with Green Pepper 11.25
- 75. Beef with Fresh Tomato 11.25
- 76. Szechuan Style Beef (Stir Fried) 🌶️ 11.25
- 77. Curry Beef (Hot) 🌶️ 11.25
- 78. Satay Beef (Hot) 🌶️ 11.25
- 79. Beef with Mushroom & Baby Corn 11.25
- 80. Beef with Black Bean Sauce 11.25
- 81. Beef with Pea Pods (Seasonal) 12.50

PORK & SPARERIBS

- 82. B.B.Q. Pork with Pea Pods (Seasonal) 12.50
- 83. Moo Soo Pork (Six Pancakes) 12.50
- 84. Honey Garlic Spareribs 11.50
- 85. Sweet & Sour Spareribs (Bone-In) 11.25
- 86. Sweet & Sour Pork Loin (Boneless) 11.25

🌶️ = Spicy 🌶️🌶️ = Extra Spicy

POP All Flavours 1.50

VEGETABLES

- 87. Vegetable Delight 9.95
- 88. Tofu with Four Vegetables 11.25
- 89. Mah Po Bean Curd (Hot) 🌶️ 11.25
- 90. Beef & Broccoli 11.25
- 91. Chicken & Broccoli 11.25
- 92. Mushroom with Baby Corn 9.95
- 93. Beef Chop Suey 11.25
- 94. Chicken Chop Suey 11.25
- 95. B.B.Q. Pork Chop Suey 11.25
- 96. Scallop Chop Suey 14.50
- 97. Prawn Chop Suey 13.50
- 98. Seafood Chop Suey 14.50
- 99. China Ben's Special Chop Suey 13.50

NOODLE

- 100. China Ben's Fried Noodle 13.50
- 101. Seafood Chow Mein 14.50
- 102. Beef Vermicelli with Black Bean Sauce 11.25
- 103. Chicken Chow Mein 11.25
- 104. Beef Chow Mein 11.25
- 105. Seafood Shanghai Noodle 14.50
- 106. Shanghai Noodle 11.25
- 107. Singapore Vermicelli (Hot) 🌶️ 11.25
- 108. Mushroom Chow Mein 11.25
- 109. B.B.Q. Pork Chow Mein 11.25
- 110. Prawn Chow Mein 13.50
- 111. Vegetable Chow Mein 10.95
- 112. Satay Beef Noodle (Hot) 🌶️ 11.25

EGG FOO YOUNG

- 113. China Ben's Egg Foo Young 11.25
- 114. Shrimp Egg Foo Young 11.25
- 115. Chicken Egg Foo Young 10.95
- 116. B.B.Q. Pork Egg Foo Young 10.95
- 117. Mushroom Egg Foo Young 10.95

RICE

- 118. China Ben's Special Fried Rice 9.95
- 119. Shrimp Fried Rice 9.95
- 120. Beef Fried Rice 9.50
- 121. B.B.Q. Pork Fried Rice 9.50
- 122. Chicken Fried Rice 9.50
- 123. Vegetable Fried Rice 9.50
- 124. Mushroom Fried Rice 9.50
- 125. Curry Beef Fried Rice (Hot) 🌶️ 9.50
- 126. Plain Fried Rice 8.95
- 127. Steamed Rice 1.95

STIR FRY WITH STEAMED RICE *NEW*

- 128. Vegetable Stir Fry with Steamed Rice 9.50
- 129. Beef & Mix Veg Stir Fry w/Steamed Rice 10.25
- 130. Chicken & Mix Veg Stir Fry w/Steamed Rice .. 10.25
- 131. Pork & Mix Veg Stir Fry w/Steamed Rice 10.25
- 132. Prawn & Mix Veg Stir Fry w/Steamed Rice 12.50
- 133. Seafood & Mix Veg Stir Fry w/Steamed Rice . 13.50

Peking, Szechuan & Cantonese Cuisine

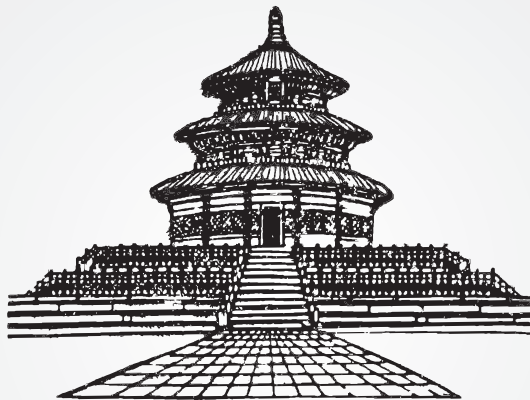
China Ben

7464 Gaetz Avenue
Red Deer, Alberta
(Aladdin Plaza)

403-343-2760

or

403-343-2773



FREE

With Pick-Up Orders Over \$50.00
(choose one of the following)

- 1) Crispy Won Ton
- 2) Fried Dumplings
- 3) Deep Fried Chicken Wings
- 4) Dry Garlic Spareribs

(This Offer is Not Valid With Other
Discount and Daily Specials)
(Please Present This Coupon When Ordering)

Not Including Buffet

For
\$1.00 More

Add one of the following items to any
Delivery Order of \$50.00

- 1) Crispy Won Ton
- 2) Dry Garlic Spareribs
- 3) Deep Fried Chicken Wings
- 4) Fried Dumplings

(This Offer is Not Valid With Other
Discount and Daily Specials)
(Please Present This Coupon When Ordering)

Not Including Buffet

FREE

IN-TOWN DELIVERY

On Orders Over \$30.00

See Reverse For Complete Menu

Lunch Buffet

Every Day

11:30am to 2:00pm

Weekend

Evening Buffet

4:00pm to 8:00pm

Thank you Red Deer!

Golden Fork Readers
Choice Award Winners!

2012 GOLD - Chinese

2012 GOLD - Cheap Eats

2012 GOLD - Takeout / Fast Food

2012 BRONZE - All Around Best

COMBINATION DINNERS

DINNER FOR TWO (A) \$25.95

2 Egg Rolls or Spring Rolls
Dry garlic Spareribs
Chicken Fried Rice
Beef Chop Suey
Sweet & Sour Chicken Balls

DINNER FOR FOUR (A) \$48.95

4 Egg Rolls or Spring Rolls
Sweet & Sour Spareribs
Deep Fried Prawns
Chicken Fried Rice
Beef broccoli
Pineapple Chicken Balls

DINNER FOR SIX (A) \$69.95

6 Egg Rolls or Spring Rolls
China Ben's Special Fried Rice
Sweet & Sour Spareribs
Vegetable Delight
Honey Garlic Wings
Ginger Beef
Diced Chicken with Cashew Nuts

DINNER FOR TWO (B) \$25.95

2 Egg Rolls or Spring Rolls
Deep Fried Prawns
Chicken Fried Rice
Beef Broccoli
Sweet & Sour Pork Loin

DINNER FOR FOUR (B) \$48.95

4 Egg Rolls or Spring Rolls
Chicken Chow Mein
Ginger Beef
Lemon Chicken
Sweet & Sour Chicken Balls
Beef with Mushroom & Baby Corn

DINNER FOR SIX (B) \$69.95

6 Egg Rolls or Spring Rolls
China Ben's Special Fried Rice
Ginger Beef
Deep Fried Prawns
China Ben's Special Chow Mein
Beef Broccoli
Sweet & Sour Chicken Balls

- Prices subject to change without notice
- All prices exclude tax
- Delivery charge on order under \$30.00
- 10% OFF pick-up orders over \$20.00

Hours

Monday to Sunday
11AM - 10PM