



BLACKBURN'S

farm to table

BREAKFAST

ORGANIC EGGS *served with breakfast potatoes & toast*

FARMER'S MARKET SCRAMBLER 9.95 *zucchini, mushrooms, goat cheese, peppers & onions*

JACK SCRAMBLER 9.95 *mushrooms, spinach & jack cheese*

FRIED EGG SANDWICH 8.95 *two eggs, bacon & cheddar on sourdough toast*

OMELETS *served with breakfast potatoes & toast*

SOUTHWEST OMELET 10.95 *jack cheese, avocado, cilantro & homemade salsa*

SHRIMP & CRAB OMELET 11.95 *stuffed with fresh rock shrimp, lump crab, scallions, bell pepper & tomato*

GREEK FRITTATA 10.95 *Greek-style with fresh spinach, basil, feta cheese, tomato & black olives*

FARM HAND OMELET 10.95 *ham, bell pepper, onion & cheddar cheese*

ORGANIC FROM THE GRIDDLE

RED VELVET PANCAKES 9.95 *with white chocolate drizzle & cream cheese butter*

BANANAS FOSTER PANCAKES 9.95 *topped with bananas flambéed in rum & banana liquor*

BLUEBERRY PANCAKES 9.95 *fresh blueberries & mascarpone cheese*

OLD FASHIONED BUTTERMILK PANCAKES 9.95 *Vermont maple syrup*

BRIOCHE FRENCH TOAST 9.95 *topped with cream cheese butter*

SIMPLE SIDES

SMOKED BACON, TURKEY SAUSAGE or CHICKEN APPLE SAUSAGE 4.00

BREAKFAST POTATOES 3.00

BLUEBERRY MUFFIN, BANANA NUT MUFFIN or FRESH BUTTER CROISSANT 3.00

TOAST 2.00 *sourdough or multigrain*

FRESH SEASONAL FRUIT 3.00

FRESH SEASONAL FRUIT & BERRIES 4.75

THREE FARM EGGS 4.95 *fried, scrambled or over easy*

BEVERAGES

COFFEE 2.50 **TEA** 2.50 **MILK** 1.95 **ORANGE JUICE** 3.00 **HOT CHOCOLATE** 2.50

FRESH · LOCAL · ORGANIC · NATURAL

Blackburn's organic eggs come from hormone-free chickens, who are free to roam, run, scratch and forage. Did you know free range eggs have a higher nutritional value than eggs produced in cages? They are lower in cholesterol and higher in omega-3 fatty acids, vitamin E and beta carotene!



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LUNCH

SALADS *made with fresh, organic greens*

FARMER'S MARKET SALAD 10.95 *chopped egg, avocado, tomato, bacon, cheddar cheese & turkey*

KALE SALAD 8.95 *tomato & avocado with a white balsamic vinaigrette*

CALIFORNIA SHRIMP & AVOCADO SALAD 11.95 *with avocado & papaya on a bed of baby mixed greens*

CAESAR SALAD 8.95 *romaine, tomato, kalamata olives & parmesan with herb foccacia croutons*

ADD CHICKEN 3.00 ADD SHRIMP 4.00

SANDWICHES *served with mixed greens*

ORGANIC, HAND CARVED ROASTED TURKEY CLUB 10.95 *bacon, tomato & avocado on sourdough*

LEMON ZEST ALBACORE TUNA MELT 10.95 *melted white cheddar on multigrain toast*

ORGANIC FREE RANGE CHICKEN PANINI 9.95 *pesto, sundried tomato & havarti cheese*

GRASS FED PASTRAMI STACK 10.95 *sauerkraut & swiss cheese on multigrain or sourdough*

BEER CAN SHREDDED ORGANIC CHICKEN 9.95 *with chipotle barbeque sauce & green onions*

GRILLED CHEESE ON SOURDOUGH 5.95 *cheddar & jack cheese blend*

FROM THE GRILL *served with mixed greens*

HAND MADE HAMBURGER OR TURKEY BURGER 9.95 *lettuce, tomato & grilled onions*

MAHI-MAHI BURGER 10.95 *onion, tomato, red leaf lettuce on a brioche bun*

ASIAN MARINATED FLANK STEAK SANDWICH 11.95 *with asian slaw*

SIMPLE SIDES

SKILLET MACARONI & CHEESE 7.00 *oven baked with a crispy breadcrumb & parmesan crust*

ASIAN COLE SLAW 4.00 *with peanut sauce*

SOUP OF THE DAY 5.95

BEVERAGES

ICED TEA 1.95 COKE 1.95 DIET COKE 1.95 SPRITE 1.95 DR. PEPPER 1.95

FRESH · LOCAL · ORGANIC · NATURAL

Grass fed animals live a relaxed life, grazing in open pasture on high quality plants.
When you choose grass fed, you are supporting the humane treatment of animals
and you're choosing meat with superior nutritional value.



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DINNER

APPETIZERS

SHRIMP & CRAB MAC & CHEESE 9.95

NEW ZEALAND PETITE LAMB CHOPS 9.95 *with mint pesto dipping sauce*

THAI MARINATED CHICKEN SATE 7.95 *with ginger sesame dipping sauce*

SEARED AHI STACK 11.95 *with tropical fruit salsa and wasabi aioli*

SOUP OF THE DAY 5.95

SALADS

ORGANIC FIELD GREENS 6.95 *cucumbers, tomatoes, sunflower seeds & white balsamic vinaigrette*

ORGANIC BABY SPINACH 7.95 *strawberries, toasted pine nuts, goat cheese & raspberry vinaigrette*

CRISP ROMAINE & KALE CAESAR 7.95 *shaved parmesan & grilled focaccia toast*

ENTREE SALADS

SMOKED BARBEQUE CHICKEN 12.95 *baby spinach, romaine, red quinoa, sunflower seeds & feta cheese*

SEARED AHI TUNA 16.95 *organic greens, pineapple & crusted parmesan*

ENTREES

CENTER CUT PORK CHOP 18.95 *with caramelized peaches & truffle mashed potatoes*

SHRIMP SCAMPI 17.95 *in a white wine, garlic cream sauce with Italian parsley*

LOBSTER RAVIOLI 18.95 *in a sundried tomato and pesto sauce*

GRILLED BREAST of CHICKEN 16.95 *with herb jus and fingerling potatoes*

FILET of BEEF MEDALLIONS 28.95 *with sautéed wild mushrooms in a Bordelaise sauce*

HERB ROASTED WILD SALMON 26.95 *with a Moroccan spice sauce*

FRESH FISH of the DAY *market price*

DESSERTS

TIRAMISU 6.95 *chocolate, espresso and mascarpone*

NEW YORK CHEESECAKE 6.95 *with seasonal berries*

BRAZILIA 6.95 *whipped chocolate with hazelnut crust*

APPLE GALETTE 6.95 *baked apple slices in a light pastry*

BEVERAGES

ICED TEA 1.95 COKE 1.95 DIET COKE 1.95 SPRITE 1.95 DR. PEPPER 1.95