



The Black Olive Restaurant

Lunch Menu

Small Plates

Soup of the Day \$8 Cup \$5
Enquire of your server

Cioppino \$13
Tomato Fennel Soup with
Mussels, Clams, Prawns
Scallops

Portuguese Bean Soup \$9
Tomato Based Bean Soup with
Spicy Chorizo Sausage

Mixed Greens Ensalata \$9
Garden Greens, Dried Tomatoes,
Crispy Shallots, Goat Cheese,
Port Wine Vinaigrette

Greek Salad \$8
Classic Mix of Peppers, Cucum-
bers, Onions, Black Olives &
Feta with Paul's Olive Oil

Classic Caesar \$8
Crisp Romaine Hearts,
Garlic Crouton, Parmesan

Sauteed Calamari \$10
Pan Seared Calamari, Basil,
Lemon. San Marzano Tomatoes.

Pasta

Black Olive Linguine \$16
Scallops, Prawns, Clams, Mussels in
a Black Olive Pesto Cream Sauce

Beef Tenderloin Farfalle \$16
Wild Mushrooms, Caramelized
Onions, Asparagus, Oven Dried
Tomatoes, Cream Demi Sauce.

Calamari Farfalle \$14
Calamari with Tomato, Basil, Onion,
Garlic and Tomato Sauce

Chicken Linguine \$15
Grilled Chicken Breast, Pesto Cream
Sauce, Olive Tapenade, Parmesan
Cheese

Vegetarian Linguine \$13
Roasted Tomato, Garlic, Basil & Olive
Oil Sauce

Prawn Risotto \$14
5 Prawns, Tomato, Parmesan Cheese
& Citrus Butter Sauce

Add to any salad:
Chicken or shrimp \$4.00
Steak or daily fish \$6.00



The Black Olive Restaurant

Lunch Menu

Sandwiches & Burgers

- Grilled Chicken Burger** \$12
Sautéed Mushrooms, Mayo
Melted Swiss, lettuce, Red Onion
- Grilled Lamb Burger** \$13
Spiced Tomato Relish,
Spinach, Red Onion, Feta
- Angus Chuck Burger** \$12
Bacon, Red Onion,
Lettuce, Tomato Cheddar Cheese.
- Portobello Mushroom Burger** \$12
Roasted with Artichoke Hearts,
Capers, Kefalotiri Cheese
Red Pepper Aioli
- Roasted Turkey Sandwich** \$12
Rosted Turkey, Cranberry Mayo,
smoked Cheddar, Artisan Greens on
Focaccia
- Quiche** \$11
Ask Your Server For Today's
variation, with Soup or Salad

**All the above are served with your choice of
house salad or soup of the day**

Black Olive Gifts and Keepsakes.

Paul's Own Kastamonitsa Olive Oil
Cretan Diet and Olive Oil Cookbooks
Or A Gift Certificate

Entrees

- Grilled Lamb Chops** \$18
Roasted Baby Potatoes, French
Beans, Black Olive Jus
- Black Olive Souvlaki** \$14
Marinated Grilled Brochettes
Pork or Chicken with Rice,,
Greek Salad & Tzatziki
- Clams & Mussels** \$15
Roasted Garlic, Fennel,
Chorizo, Pernod
- Seared Salmon Salad** \$14
Mixed Garden Greens,
Ovendried Tomatoes, Crispy Shallots,
Goat Cheese, Port Wine Vinaigrette.
- Roasted Chicken Caesar** \$14
Crisp Romaine Hearts,
Garlic Crouton ,Parmesan Tuile
- Roasted Vegetable Phyllo** \$14
Baked Pastry with Asparagus,
Roasted Red Peppers, Spinach,
Mushrooms and Saganaki Cheese.
Served with Mixed Greens or Greek
Salad.

Also Available:

Americanos \$3, Lattes and Cappucinos \$4

**Ask your Server about the
Daily Lunch Special for \$10**



The Black Olive Restaurant

Dinner Menu

Soup & Salad

Soup Of The Day \$8
Please Ask Your Server

Portugese Bean Soup \$9
Organic Kidney Beans, Chorizo,
Fresh Herbs in Rich Tomato Broth

Kritikia \$9
Traditional Greek Salad with
Kalamata Olives, Feta, Oregano,
Paul's Own Olive Oil

Mixed Greens Ensalata \$9
Garden Greens, Dried Tomatoes,
Crispy Shallots, Goat Cheese,
Port Wine Vinaigrette

Caesar Salad \$9
Romaine Hearts, Garlic Crouton,
Parmesan

Pasta

Black Olive Linguine \$22
Scallops, Prawns Clams, Mussels in
a Black Olive Pesto Cream Sauce

Beef Tenderloin Farfalle \$22
Wild Mushrooms, Caramelized
Onions, Asparagus, Oven Dried To-
matoes, Cream Demi Sauce.

Calamari Farfalle \$20
Calamari with Tomato, Basil, Onion,
Garlic and Tomato Sauce

Starters

Seared Calamari \$10
San Marzano Tomatoes, Basil, Lemon

Clams & Mussels \$15
Roasted Garlic, Fennel, Chorizo, Pernod

Prawn Risotto \$11
5 Prawns, Tomato, Parmesan Cheese &
Citrus Butter Sauce

Traditional Saganaki \$10
Warmed Greek Kefalotiri Cheese with
Lemon, Capers, Artichoke Gremolata

Beef Tenderloin Carpaccio \$12
Caramelized Onion Puree, Sourdough
Crisp, Frisee, Paul's Own Olive Oil

Tomato Tartar 1 person \$8 2 person \$12
Tomatoes, Chives, Olive Oil, Truffle Oil,
Topped with Green Beans in a Red
Wine Cream Dressing. Served with Foc-
cacia crisps

Chicken Linguine \$20
Grilled Chicken Breast, Pesto Cream
Sauce, Olive Tapenade, Parmesan
Cheese

Vegetarian Linguine \$19
Roasted Tomato, Garlic, Basil & Olive
Oil Sauce



The Black Olive Restaurant

Entrees

Pan Seared Wild Salmon **\$25**
Fried Polenta, Seasonal Vegetables in
Citrus Butter Sauce

Ling Cod Cioppino **\$24**
Baby Yukon Golds, Green Beans,
Dried Tomato, Fennel, Mussels
and Clams.

Stuffed Free Range Chicken **\$24**
Stuffed with Sage, Squash, Goat
Cheese. Roasted Baby Yukon Golds,
Seasonal Vegetables

Free Range Chicken Marsala **\$24**
Local Vancouver Island Chicken
Breast, Roasted Baby Yukon Golds,
Seasonal Vegetables, Oyster
Mushrooms, Marsala Deglazed.

Crispy Skin Duck Breast **\$28**
Duck Breast Port Deglazed. Bacon &
Red Lentil Cassoulet, Seasonal Vege-
tables.

Rack of Lamb **\$34**
Roasted Baby Yukon Golds,
Seasonal Vegetables, Red Wine Demi
Glaze.

3 Lamb Chops **\$28**
Roasted Baby Yukon Golds,
Seasonal Vegetables, Red Wine Demi
Glaze.

New York Steak **\$29**
Potato Pave, Seasonal Vegetables,
White Wine and Mushroom Cream
Sauce.

Beef Tenderloin **\$34**
Potato Pave, Seasonal Vegetables,
Natural Beef Jus Reduction.

Smoked Porkloin Chop **\$26**
9oz Pork Chop. Port Demi Glaze
Roasted Baby Yukon Golds,
Seasonal Vegetables,

Roasted Vegetable Phyllo **\$18**
Baked Pastry with Asparagus,
Roasted Red Peppers, Spinach,
Mushrooms and Saganaki Cheese.
Served with Mixed Greens or Greek
Salad.

**Ask about Paul's Own Kastamonitsa Olive Oil now available
in 500ml and 1 litre bottles
Also available are Cretan Diet and Olive Oil Cookbooks**

RED POURS

	6oz	0.5L
Santa Amelia Merlot - 2007 <i>Chile</i>	8.5	22
Terre Montepulciano d'Abruzzo - 2007 <i>Italy</i>	8.5	22
Hester Creek Cabernet/Merlot - 2007 <i>BC</i>	10	26
Dessert Hills Gamay - 2008 <i>BC</i>	12	30
Ferruccio Sgubin Cabernet - 2006 <i>Italy</i>	12.5	32

WHITE POURS

	6oz	0.5L
McLaren's on the Lake Chardonnay - 2008 <i>Australia</i>	8.5	22
Red Rooster Gewürztraminer - 2008 <i>BC</i>	9	24
Mt. Boucherie Pinot Gris - 2007 <i>BC</i>	9	24
Villa Maria Sauvignon Blanc - 2009 <i>NZ</i>	11	28
Peller Estates Private Reserve Chardonnay - 2007 <i>BC</i>	11	28
Henkell Trocken Sparkling Piccolo - <i>Germany</i>	9.5	

LOCAL DRAFT BEER

Glass: 4.5 Pint: 6

Lighthouse Lager	Salt Spring Golden Ale
Race Rocks Amber Ale	Howe Sound Nut Brown

IMPORTED BOTTLED BEER

Mythos Lager - <i>Greece</i>	6.5
Heineken Lager - <i>Holland</i>	6.5
Efes Pilsner - <i>Turkey</i>	6.5
Warsteiner Dunkel - <i>Germany</i>	6.5
Konig Ludwig Weissbier (500ml) - <i>Germany</i>	8
Warsteiner Fresh de-alcoholized - <i>Germany</i>	4

LOCAL BOTTLED CIDER

Growers Apple, Peach or Pear - <i>BC</i>	5.5
--	-----

NEW WORLD RED

Cabernet Sauvignon

Doña Paula - 2007 <i>Argentina</i>	40
Ferruccio Sgubin Cabernet - 2006 <i>Italy</i>	44
Serafino McLaren's Vale - 2005 <i>Australia</i>	60
Edge - 2007 <i>California</i>	65
Yalumba "The Menzies" Coonawara - 2004 <i>Australia</i>	70
Lincourt - 2002 <i>California</i>	70
Kilkanoon Killerman's Run - 2002 <i>Australia</i>	75
Camaraderie - 1996 <i>Washington</i>	80
Lolonis - 2002 <i>California</i>	80
Hess Vineyards Allomi - 2004 <i>California</i>	80

Gamay

Desert Hills - 2008 <i>BC</i>	42
-------------------------------	----

Grenache

Sorrento McLaren's Vale - 2006 <i>Australia</i>	40
Evohe Garnacha - 2007 <i>Spain</i>	42

Malbec

Bitacora - 2006 <i>Argentina</i>	40
Doña Paula - 2007 <i>Argentina</i>	42
Catena - 2007 <i>Argentina</i>	46

Meritage

Red Rooster - 2006 <i>BC</i>	50
Noble Ridge - 2004 <i>BC</i>	55

Merlot

Santa Amelia - 2007 <i>Chile</i>	30
Crowsnest Barcello Canyon - 2006 <i>BC</i>	42
Peller Estates Private Reserve - 2006 <i>BC</i>	42
Mount Boucherie Summit Reserve - 2004/05 <i>BC</i>	50
Chalet Estate 2005 - <i>BC</i>	55
Fairview Cellar 2005 - <i>BC</i>	60
Hester Creek Reserve 2004 - <i>BC</i>	60
Morning Bay Reserve - 2003 <i>BC</i>	65
Bird in the Hand - 2006 <i>Australia</i>	80
Poplar Grove Benchmark - 2002 <i>BC</i>	80
Lolonis - 2003 <i>California</i>	82

Mourvadre

Cline Ancient Vine - 2006 *California* 55

Petite Sirah

Bogle - 2007 *California* 45

Pinot Noir

Morande Reserva - 2006 *Chile* 42

Noble Ridge - 2004 *BC* 56

Carmel Road - 2005 *California* 80

Sangiovese

Vitae Puglia - 2007 *Italy* 32

Sandhill Small Lot - 2004 *BC* 75

Shiraz & Syrah

McLaren's on the Lake - 2006 *Australia* 30

Cookoothama - 2008 *Australia* 34

Feudo d'Elimi - 2003 *Italy* 38

Muse - 2007 *BC* 42

Saint Hallett Faith 2007 - *Australia* 50

Serafino McLaren's Vale 2005 - *Australia* 55

Sandhill Small Lot - 2007 *BC* 70

Grant Burge Filsell Barossa Shiraz - 2003 *Australia* 85

Zinfandel

Gnarly Head Old Vine- 2007 *California* 40

Cline Ancient Vine - 2007 *California* 55

7 Deadly Zins - 2006 *California* 68

Seghesio Sonoma - 2008 *California* 75

Bourassa Odyssey 3 - 2006 *California* 80

Blends

Hester Creek Cabernet/Merlot - 2007 *BC* 36

Sorrento Cab S/Cab F/Merlot - 2005 *Australia* 40

Muse Cabernet/Merlot - 2007 *BC* 42

Church & State - Merlot/Cabernet - 2006 *BC* 46

Lolonis Ladybug Old Vine Red - Cuvee VI *California* 48

Chalet Estate Cabernet/Merlot- 2004 *BC* 55

Bird in the Hand Merlot/Cabernet - 2007 *Australia* 55

Six Prong - 2004 *Washington* 60

Grant Burge The Holy Trinity - 2002 *Australia* 75

OLD WORLD RED

France

Louis Bernard Cotes du Rhone - 2007	34
Maison des Bulliats Regnie - 2006	38
Ogier Heritage Cotes du Rhone - 2007	40
Chateau Pey La Tour Bordeaux - 2007	44
Collin-Bourisset Beaujolais-Villages - 2006	55
Chateau Roquetaillade La Grange Bordeaux - 2005	55
Coudoulet de Beaucastel Cotes du Rhone - 2006	70
Chateau du Trignon Gigondas - 2005	75
Domaine Brusset Gigondas - 2004	75

Greece

Boutari Naoussa - 2006	36
Boutari Grand Reserve Naoussa - 2003	50
Papantonis Meden Agan - 2005	60

Italy

Terre Montepulciano d'Abruzzo - 2006	30
Terre Valpolicella - 2006	36
Terre Chianti - 2007	40
Vesevo Beneventano Aglianico - 2006	40
Casa Contini Squinzano Riserva - 2001	45
Tommasi Viticoltori Ripasso Valpolicella - 2006	60
Brancaia Tre Toscana Rosso - 2006	60
Alfiero Boffa Barbera d'Asti - 2003	65
Virna Nebbiolo d'Alba - 2005	75
Sagramoso Amarone della Valpolicella - 2005	75
Sogno di Casanova Nero d'Avola - 2003	75
Farnese Edizione - 2005	80
Terre Barolo - 2004	80
Terre Amarone della Valpolicella - 2004	85

Spain

Montecillo Reserva Rioja - 2005	48
Arrocal Ribera del Duero - 2006	50
Juan Gil Jumilla - 2006	50
La Vendimia Rioja - 2007	55

WHITE

Chardonnay

McLaren's on the Lake - 2008 <i>Australia</i>	30
Peller Estates Private Reserve - 2007 <i>BC</i>	40
Crowsnest Barcello Canyon Stahltank - 2008 <i>BC</i>	40
Bonterra - 2008 <i>California</i>	40
Mt Boucherie Summit Reserve - 2005 <i>BC</i>	42
Church & State - 2007 <i>BC</i>	50
Noble Ridge - 2006 <i>BC</i>	50
Pentage - 2004 <i>BC</i>	60
Lolonis - 2005 <i>California</i>	75
Cloudy Bay - 2006 <i>NZ</i>	85

Gewürztraminer

Arrowleaf - 2007 <i>BC</i>	34
Red Rooster - 2008 <i>BC</i>	34
Wild Goose - 2008 <i>BC</i>	40

Pinot Blanc

Hester Creek - 2007 <i>BC</i>	36
Lake Breeze - 2008 <i>BC</i>	40

Pinot Gris

Mt. Boucherie - 2007 <i>BC</i>	34
Blasted Church - 2008 <i>BC</i>	40
Ferruccio Sgubin - 2008 <i>Italy</i>	44
Poplar Grove - 2008 <i>BC</i>	46

Riesling

Piesporter Treppchenn - 2007 <i>Germany</i>	32
Peller Estates Private Reserve Dry Riesling - 2008 <i>BC</i>	36
Wild Goose Stoney Slope Riesling - 2008 <i>BC</i>	40

Sauvignon Blanc

Zed - 2008 <i>NZ</i>	36
Villa Maria - 2009 <i>NZ</i>	40
Chalet Estate Fume Blanc - 2005 <i>BC</i>	40
Oyster Bay - 2008 <i>NZ</i>	46
Thelema - 2008 <i>South Africa</i>	60
Staete Landt - 2005 <i>NZ</i>	68
Cloudy Bay - 2007 <i>NZ</i>	75

Sparkling

Henkell Trocken - <i>Germany</i>	34
Sea Cider Rum Runner - <i>BC</i>	36
Terre Prosecco - <i>Italy</i>	38
Segura Viudas Lavit Rosado Brut Rose - <i>Spain</i>	40
Marilyn Blonde de Noirs - <i>California</i>	100
Moet & Chandon Champagne - <i>France</i>	125

Viognier

Cline Cellars - 2008 <i>California</i>	42
Yalumba Eden Valley - 2004 <i>Australia</i>	55
Sandhill Small Lot - 2007 <i>BC</i>	60

Appellations and Blends

Boutari Kritikos - 2008 <i>Greece</i>	30
Terre Trebbiano d'Abruzzo - 2005 <i>Italy</i>	34
Boutari Moschofilero - 2008 <i>Greece</i>	42
Ferruccio Sgubin Tocai Friulano - 2006 <i>Italy</i>	44
Stoneboat Nebbia - 2007 <i>BC</i>	44
Notios Moschofilero & Roditis - 2005 <i>Greece</i>	48
Lolonis Ladybug - Cuvee II <i>California</i>	48
Domaine del la Becassonne - 2006 <i>France</i>	58
Domaine du Cote Teriquet - 2006 <i>France</i>	60
Collin-Bourisset Verie-Clesse - 2007 <i>France</i>	65

RESERVE RED

Herder Josephine - 2007 <i>BC</i>	90
Poplar Grove Reserva Red - 2002 <i>BC</i>	100
Camaraderie Grace - 1997 <i>Washington</i>	100
Soos Creek Cabernet - 2002 <i>Washington</i>	140
Leonetti Cellar Merlot - 2006 <i>Washington</i>	250
Merilyn Velvet Pinot Noir (1.5L) - 2002 <i>California</i>	475
B.R. Cohn Silver Label Cabernet - 2002 <i>California</i>	90
The Hess Collection Cabernet - 1999 <i>California</i>	120
Stag's Leap Artemis Cabernet - 2005 <i>California</i>	170
Lolonis Orpheus Petite Sirah - 2002 <i>California</i>	110
Seghesio Home Ranch Zinfandel - 2006 <i>California</i>	110
Fife Redhead Carignane - 1999 <i>California</i>	95
Bourassa Harmony 5 - 2005 <i>California</i>	100
Lolonis Petros - 2001 <i>California</i>	135
Sheridan Vineyards L'Orage - 2002 <i>California</i>	150
Isabelle Pinot Noir - 2004 <i>NZ</i>	100
Two Hands Barossa Shiraz - 2006 <i>Australia</i>	180
Perrin & Fils Chateauneuf du Pape - 2005 <i>France</i>	100
Maison Chanson Gevrey-Chambertin - 2005 <i>France</i>	165
Colutta Gianpaolo Pinot Nero - 2007 <i>Italy</i>	90
Tenuta I Collazzi Toscana Rosso - 2005 <i>Italy</i>	100
Virna Barolo Cannubi Boschis - 2000 <i>Italy</i>	110
Le Serre Nuove Dell' Ornellaia Bolgheri - 2005 <i>Italy</i>	135
Virna Barolo Preda Sarmassa - 1999 <i>Italy</i>	140
Colutta Gianpaolo Tazzelenghe - 2004 <i>Italy</i>	145
Serpico Dei Feudi Aglianico - 2003 <i>Italy</i>	150
Castello Banfi Brunello di Montalcino - 2002 <i>Italy</i>	160
Colutta Gianpaolo Pignolo - 2003 <i>Italy</i>	175

RESERVE WHITE

C. Moreau Chablis 1er Cru Vaillon - 2005 <i>France</i>	90
Colutta Gianpaolo Verduzzo Friulano - 2006 <i>Italy</i>	70
Colutta Gianpaolo Pinot Grigio - 2007 <i>Italy</i>	70
Castello della Sala Cervaro della Sala - 2004 <i>Italy</i>	100